

## **LESSON 6 THINK-SHEET**

1. Which one(s) of the beatitudes stand(s) out to you strongest for its (their) importance?

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2. Which one(s) of the beatitudes do you feel you most need to work on?

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3. Do you feel empowered? If you do, explain. If not, why not?

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Next page: Beatitude Cards for Daily Meditation

# Beatitude Cards

James Bennett  
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— Today I Will Remember —

BLESSED ARE THE POOR IN SPIRIT, FOR  
THEIRS IS THE KINGDOM OF HEAVEN.

*Empowered are those who are not self-absorbed.  
They can experience eternal life.*

— Today I Will Remember —

BLESSED ARE THOSE WHO MOURN,  
FOR THEY SHALL BE COMFORTED.

*Empowered are those who experience suffering and  
sorrow. They will be redeemed.*

— Today I Will Remember —

BLESSED ARE THE GENTLE, FOR  
THEY SHALL INHERIT THE EARTH.

*Empowered are those who are calm and steady.  
They will be able to lead others.*

— Today I Will Remember —

BLESSED ARE THOSE WHO HUNGER AND  
THIRST FOR RIGHTEOUSNESS, FOR THEY  
SHALL BE FILLED.

*Empowered are those who labor for truth and  
goodness. They will show the way.*

— Today I Will Remember —

BLESSED ARE THE MERCIFUL, FOR THEY  
SHALL OBTAIN MERCY.

*Empowered are the compassionate.  
They will be shown compassion.*

— Today I Will Remember —

BLESSED ARE THE PURE IN HEART, FOR  
THEY SHALL SEE GOD.

*Empowered are those who revere truth and  
authenticity. They will perceive the eternal good.*

— Today I Will Remember —

BLESSED ARE THE PEACEMAKERS, FOR  
THEY SHALL BE CALLED CHILDREN OF  
GOD.

*Empowered are those who bring peace to contentious  
situations. They are agents of the eternal good.*

— Today I Will Remember —

BLESSED ARE THOSE WHO HAVE BEEN  
PERSECUTED FOR RIGHTEOUSNESS' SAKE,  
FOR THEIRS IS THE KINGDOM OF  
HEAVEN.

*Empowered are those who are persecuted in their  
pursuit of the eternal good. They shall know the  
eternal is their birthright.*